

March 2010

Dear SLUH Moms,

Included in this mailing:

- ❖ An Invitation to Serve Letter from President Elect Sharon Hartzler
- ❖ Board Nomination Form
- ❖ Class Representative Form
- ❖ Parent Network Flyer

Here are a few events that are quickly approaching:

- ❖ **Parent Network of Catholic High Schools meeting**, Wednesday, March 10, 7:00pm at SLUH. Dr. Moran will be one of the three speakers that evening. Topic: "Alcohol – It's Out There: Social Challenges and Legal Consequences." See enclosed flyer.
- ❖ **Welcome Aboard to Cashbah 2010** on Saturday March 20th. Preview Party will kick things off on Friday March 19th, 6:30-9:00pm. Saturday evening begins with Mass at 4:30pm; Cashbah officially begins at 5:00pm with dinner served at 6:30pm. Space is limited so send in your reservations for this memorable evening!
- ❖ **Maintenance Thank you Luncheon**, Wednesday, April 21st in the Commons. Stop by and show your appreciation to our wonderful facilities, maintenance and security staffs who do so much to assist the Mothers' Club throughout the year!
- ❖ **Women of SLUH Luncheon**, Thursday, April 29th in the Commons. We will honor and thank all of the amazing women faculty and staff of SLUH.
- ❖ **Junior Ring Liturgy**, Friday May 7th in the SLUH Chapel at 1:00pm
- ❖ **Mothers' Club Mass and Installation Dinner**, Thursday May 18th. Mass begins at 6:00pm followed by dinner. Please look for an invitation in the next Mothers' Club mailing. It is a great time to thank our outgoing Board members and congratulate Sharon Hartzler, President of the 2010-2011 SLUH Mothers' Club and the new Board members.

SPECIAL SENIOR REMINDER SECTION

- ❖ **Mom Prom is Friday, April 9th** at Busch Stadium. Reservations are due to Diane Siebert by **March 22nd**.
- ❖ **Lock-In response forms** are due to Nancy Guilfooy by **March 26th**. We need your son's t-shirt size, (it is his "ticket" into Lock-In). We still need volunteers for the night of Lock-In. Thank you for your help!
- ❖ **Party Supply order form** is due to Lanita Lewis by **April 2nd**.
- ❖ These Senior order forms can be found in the Mothers' Club section of the SLUH website under mailings, then under Senior Families mailing.
- ❖ **Senior Follies** are Saturday May 1st and Sunday May 2nd.
- ❖ **Graduation Mass and Dinner** is Saturday, May 29th. (Invitations to be mailed soon)
- ❖ **Graduation and Senior Lock-In** is Sunday May 30th.

A Big Thank You to.....

Martha Staley, Stephanie Evans and Melissa Jedlicka for organizing our Day of Recollection with SLUH mom Patty Schneier as our guest speaker. Thank you Patty for your inspiring words.

Patty Neyer and her early morning crew for the wonderful festive Mardi Gras breakfast for the faculty and staff. We had a touch of New Orleans for a bit in the Currigan room, it was a great way to start the day!

Martha Staley, Kathy Fotouhi and Jane Guenther for organizing our prayerful Lent Adoration. More information about the Lent Adoration can be found on the Parents' page of the SLUH website.

Thank you for all that you do!
Enjoy your Spring Break!

Chris Myers
cmmyers@att.net or moms@sluh.org
314-352-3740 (home)

AN INVITATION TO SERVE

Dear SLUH Moms,

As a group, you have been blessed with various talents, gifts and interests. Is your personal gift the ability to organize or do you enjoy working on the computer? Are you the mom who has a camera at hand and takes photographs at events? Do you possess a fun loving nature and appreciate the challenge of a night of trivia? Are you interested in serving the needs of others? The SLUH Mothers' Club Board needs women with a wide range of talents to organize, plan and supervise its social, spiritual and administrative activities for the coming year.

I invite you to consider a leadership role on the 2010-2011 Mothers' Club Board.

Enclosed is a form that briefly describes the responsibilities of each leadership role. If you are considering one of these positions, you may have additional questions about the skills needed or time commitment involved. I encourage you to call or e-mail me with any questions you might have.

All of these positions offer an opportunity to demonstrate your support of Saint Louis University High, as well as embody the spirit of being "Women for Others". The events we sponsor--social, spiritual and service-related--reflect our school's rich tradition and history. Each event is a unique opportunity to make new friends, deepen existing relationships and create lifelong memories. Please join us. I guarantee you will have a great time.

Another way to serve is to volunteer as a class representative for your son's freshman, sophomore, junior or senior class. The activities the class reps organize vary based on your son's year at SLUH. No prior experience is necessary and everyone who volunteers will automatically be designated a class rep. The sign-ups for these positions are on the second page of the Mothers' Club Nomination Form.

A quick word about the nomination process – self-nomination is encouraged. Who knows your skills and interests better than you!

Please know that your participation is valued at whatever level is comfortable for you. If you are not able to commit at this time, that is fine. A volunteer sign-up sheet will be mailed in early summer to allow you to help with the event of your choice.

Thank you in advance for considering this invitation. In the words of St. Ignatius Loyola, "*Teach me to serve as You deserve...knowing I am doing Your will.*" Again, contact me with any questions. I look forward to meeting each of you. See you at SLUH!

Sincerely,

Sharon Hartzler

sharonhartz@swbell.net

Home: 314-832-2019

Cell: 314-477-5195

2010-2011 Mothers' Club Nomination Form

(If you are interested in holding an office, please nominate yourself!)

President-Elect: Has a son who will be a Junior next year. This person will serve as Mothers' Club President during her son's Senior year. Organizes the Honduras Baby Shower, works with the Sophomore Class Reps to organize the Fall Open House, and the Junior Reps to plan the Graduation Mass and Dinner.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-Presidents: Fall Card Party Co-Chairs (2)

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Community Outreach (1)

Helps the President coordinate community outreach program activities, including Loyola Christmas Party, Loyola Santa Workshop, the President's Coat Drive, Mission to Mexico fundraising efforts.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-Presidents: Holiday SLUHtique Co-Chairs (2)

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Recording/Clerical Secretary (1)

Takes minutes at two (2) Mothers' Club general meetings and all Board Meetings. Checks Mothers' Club mail, voice mail and e-mail. Busiest time for this position is in the Fall and just before CASHBAH, when more than one visit to SLUH per week may be required.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Corresponding Secretary (1)

Organizes and posts Mothers' Club mailings on website, enters volunteer forms into computer and generates lists of volunteers for chairs of Mothers' Club events.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Historian (1)

Keeps a digital photo record and written history of all Mothers' Club events.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Hospitality (1)

Organizes and coordinates food/drinks for general and board meetings and special events, including New Parent Coffee and Mardi Gras breakfast. Recruits and organizes Card Party hostesses.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Pastoral Chair (1)

Works with the Chair(s) of the Mother-Son Mass and Lunch and the Day of Recollection; in addition, will work with the Adoration and Sacristan Committees to promote pastoral work within the Mothers' Club community. The Pastoral Chair usually chairs one of these events herself and finds volunteers to help her plan the other Pastoral events.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Mother-Son Mass and Luncheon Co-Chairs (2)

Organizes and coordinates luncheon menu, invitations, reservations and Mother's gift for this event, and works closely with the Pastoral Chair for the Mass.

Name: _____ Phone: _____ Check if Self-Nomination:

Vice-President: Mother-Son Trivia Night Co-Chairs (2)

Organizes questions and coordinates snacks/drinks and volunteers for this event.

Name: _____ Phone: _____ Check if Self-Nomination:

Please fill out this form and return it to SLUH
no later than Friday, April 2, 2010.

Class Representative Positions

Sophomore Class Reps: Organize and serve refreshments at Fall Open House for prospective students, organize and serve luncheon for Day of Recollection and serve cookies for Junior Ring Mass.

Name: _____ Phone: _____ Check if Self-Nomination:

Email: _____

Junior Class Reps: Serve cookies at Senior Follies and plan and serve Graduation Dinner for seniors and their parents.

Name: _____ Phone: _____ Check if Self-Nomination:

Email: _____

Senior Class Reps: Organizes the luncheon following the Mothers' Club Mass in late September. Also organizes and plans Senior Mom Prom and Graduation Lock-In.

Name: _____ Phone: _____ Check if Self-Nomination:

Email: _____

Freshman Class Reps: If you know of any incoming Freshman Moms who would be great Freshman Reps, please indicate their names and phone numbers below.

Name: _____ Phone: _____

Email: _____

Name: _____ Phone: _____

Email: _____

**Please fill out this form and return it to SLUH
no later than Friday, April 2, 2010.**

Thank You!

PARENT NETWORK



EXECUTIVE BOARD

PRESIDENT

Jackie Paletta

SECRETARY

Barb Kruse

TREASURER

Debbie Pazderka

FACULTY LIAISONS

Fr. Augustine Wetta, OSB

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Carrie Highbloom

BISHOP DUBOURG

Claudia Stagg

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CHAMINADE

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Pam Ludwinski

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Mary Sullivan

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Cyndi Beale

Sue Leon

Julie Riley

DUCHESNE

Janice Beckmann

INCARNATE WORD

Jim Ferris

Mary Ferris

Christy Tyree

KENNEDY CATHOLIC

Eileen Pickel

Cathy Gilmore

NERINX HALL

Linda Olander

NOTRE DAME

Debbie Ziegler

ROSATI KAIN

Nancy Schultz

ST. DOMINIC

Ann Ladendecker

Joan Logel

ST. ELIZABETH

Rep Needed

ST. JOSEPH'S ACADEMY

Laura Shaughnessy

Sharon Brightfield

SAINT LOUIS PRIORY

Martha Dahm

Julie Wagner

Fr. Augustine Wetta

SLUH

Debbie Pazderka

Patti Kennedy

URSULINE

Angela Kennedy

VIANNEY

Mary Albert

Jeanette Pence

VILLA DUCHESNE

Liz Mantych

Jackie Paletta

VISITATION

Beth Schenk

Parent Network of Catholic High Schools

Parent Network of Catholic High Schools (PNCHS), founded in 1990, is an association of members from Archdiocesan and independent Catholic High Schools in the St. Louis area.

Our Mission is to help parents with the challenges of raising Catholic teens in today's world. Representatives from our member schools meet monthly as the Parent Network Board to share ideas and strategies for better parenting. The Board plans events, prints materials and provides resources on our website to support parents in their efforts dealing with teen issues.

Parent Network of Catholic High Schools is pleased to present

“Alcohol – It’s Out There: Social Challenges and Legal Consequences”

With

Speakers’ Panel of Experts

Robert Furey, PhD: Psychotherapist. He currently works with teens on alcohol-related problems and has also worked in long-term alcohol rehab for teens. He is a contributing columnist for the St. Louis Review.

Judge Joseph Briscoe: Retired from the bench in St. Charles City and St. Charles County. He is an expert in the legal aspects of alcohol and currently works in private practice.

Dr. John Moran: Principal of St. Louis University High School. He is an experienced high school administrator with expertise in prevalent thoughts on current challenges and consequences of alcohol use and the academic environment.

Wednesday, March 10, 2010

7:00 p.m.

Saint Louis University High School

4970 Oakland Ave

Directions to St. Louis University High School: From Interstate 64 (Highway 40) take the Kingshighway South exit and turn right at the first stoplight which is Oakland Ave. From Interstate 44, take the Kingshighway exit and travel north on Kingshighway one mile to Oakland Ave and turn left. 4970 Oakland Ave, St. Louis, MO 63110. Parking is in lot next to school or in Science Center parking lot. Bring ticket in to be validated.

Visit our Website for further details about Parent Network and the Lecture Series

parentnetworkstl.org

Suggested Reading List for Parents

Parenting

You're A Better Parent than You Think, Dr. Ray Guarendi

Good Discipline, Great Teens, (2007) Dr. Ray Guarendi

The 7 Habits of Highly Successful Teens, (2005) Sean Covey

Raising Girls

Strong Fathers, Strong Daughters, (2006) Meg Meeker, MD

Raising Boys

Boys Should Be Boys - 7 Secrets to Raising Healthy Sons, (2008), Meg Meeker, MD

Boys to Men: The Transforming Power of Virtue, (2001), Curtis Martin

Bringing Up Boys Practical Advice and Encouragement for Those Shaping the Next Generation of Men, (2001), Dr. James C. Dobson

Chastity, Abstinence and Sex

Epidemic: How Teen Sex Is Killing Our Kids, (2002), Meg Meeker, MD

A Case for Chastity, (2003) Peter Vlahutin and Heather Gallagher Vento

Good News About Sex and Marriage, (2004), Christopher West

If You Really Loved Me, (2003), Jason Evert

Sex Has a Price Tag, (2003), Pam Stenzel

Spiritual/Inspirational

The Art of Affirmation, (2006), Robert Furey

The Rhythm of Life: Living Every Day with Passion and Purpose (2005), Matthew Kelly

Letters to a Young Catholic, (2004), George Weigel

College Concerns

Professors Guide to Getting Good Grades in College, (2006) Lynn Jacobs and Jeremy Hyman

Letting Go: A Parents' Guide to Understanding the College Years, (2003) Karen Coburn, Madge Lawrence Treeger

Colleges That Change Lives, (2006) Loren Pope

Winning the Heart of the Admissions Dean, (2005) Joyce Mitchell

College Admissions Together: It Takes a Family, (2007) D. R. Goodman