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Senior Ismael Karim wins MLK Model of Justice Award



Karim celebrates award photo | @sluhjrills on twitter

BY JACKSON COOPER
CORE STAFF

Senior Ismael Karim has been honored with the MLK Model of Justice Award, an award which recognizes high school students across the Archdiocese of St. Louis for their service in racial and social justice.

The award is presented annually by the archdiocese,

and one winner is typically chosen from each of the 25 Catholic high schools in the region. Per the archdiocese's requirements for the award, students must demonstrate a commitment to serving humanity in the broader community, make justice a central part of their life, and commit themselves to the noble struggle for equal rights.

Karim was nominated for the award by a committee of faculty consisting of, among others, campus ministers, members of the administration, and members of the Diversity, Equity, and Inclusion committee. After the nomination process, the same committee selected Karim as SLUH's recipient based on his strong track record of working to achieve social justice in his three and a half years in high school.

An active member of STARS, ACES, and the One World Club since his freshman year, Karim also founded the Latino Student Union as a sophomore. Currently, he is the president of the One World Club – which focuses on global human rights issues – and of STARS, and is also the Student Council Vice President. Outside of SLUH, Karim has also helped to further justice in direct involvement with the campaigns of U.S. Rep. Cori Bush, President Joe Biden, and of St. Louis Mayor Tishaura Jones.

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SLUH Remembers former Principal Bannister

JACK FIGGE
EDITOR IN CHIEF

On Jan. 11, St. Louis U. High announced the passing of its former principal Dr. Robert Bannister '54. Bannister leaves behind a large legacy defined by ushering SLUH into the 21st century and leading the school community with poise and kindness.

Bannister stepped on SLUH's campus for the first time in 1950, his freshman year. He cherished his four years at the Backer Memorial

Campus, reveling in the brotherhood and camaraderie. As a student, he fell in love with the school and the traditions and would carry those memories with him throughout his life.

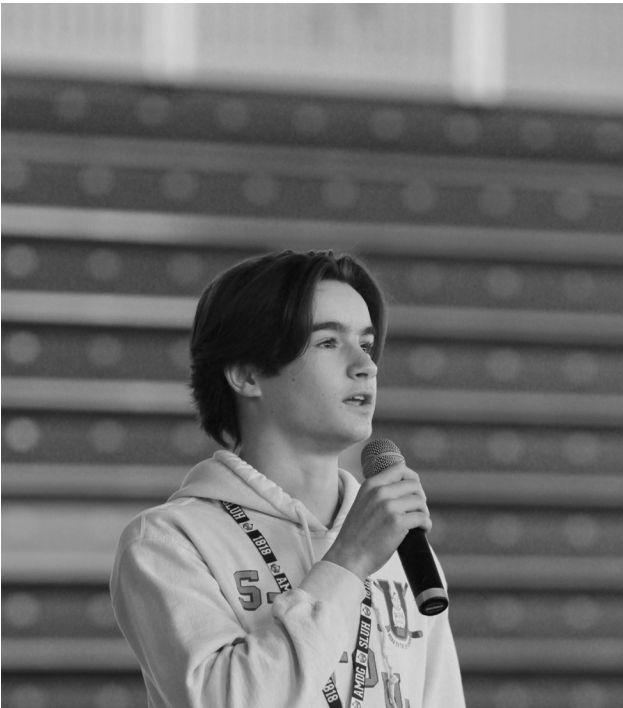
"He had so much pride for SLUH. He would get to talking about this place and share so many stories and memories about his time as a student and the relationships he made," said Assistant Principal for Mission Jim Linhares. "He always talked about his classmates and

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Bannister on Sophomore Retreat during his first year as principal. photo | SLUH Yearbook

Freshmen elect Rose as President, Anbukumar as Vice President



Freshman Class President Alex Rose. photo | Evan Mullins

BY MICHAEL BAUDENDIS-TEL AND THOMAS JUERGENS
CORE STAFF, STAFF

The votes are in, and the freshman class has elected its STUCO officers: Alex Rose as president and Madhavan Anbukumar as vice president.

"I knew that I had the tools, experience, social ability, and leadership to be a good role model for our school," said Rose.

In his speech, Rose promised that everyone's ideas were equally important and that he would voice them to the rest of the board if he were elected.

"I based my campaign off of how I reflect the people that are already on student council. I felt like comparing myself honestly to the people on student council and showing that I can be like them had a big impact on my campaign," said Rose.

Anbukumar based his

campaign on the idea of being a voice for his more shy, introverted classmates.

"I want to be a speaker for my class, because I want to help those who don't have a big voice be able to speak out loud. I want people to feel wanted here."

After the candidates presented their speeches to the freshmen class, the form was released, and votes started coming in. After a small hiccup where the time frame was not large enough, so only 60 people voted, the form was rereleased, and the final results came in.

After an initial round of voting that narrowed the field to six finalists, each finalist gave a speech last Friday to the rest of the freshman class.

Clark Davis, one of the candidates, appealed to the students of Illinois, saying that, if he were elected, he would bring more advertising to our neighboring state.

"I planned to help the school with promotion on the other side of the river. Whether it be through pep rallies, or simply just flyers to middle schools in Illinois (that are within a 30-45 minute drive)," said Clark Davis.

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PASE visits SLUH to reaffirm Jesuit identity

BY JACK FIGGE AND
LUKE DUFFY
EDITOR IN CHIEF,
WEB EDITOR

Provincial Assistant for Secondary Education Ron Rebore visited St. Louis U. High last week for a three-day, comprehensive visit to check in on the state of SLUH.

SLUH is part of the Jesuit Central and Southern Province, which extends as far west as New Mexico and as far south as Belize. With such a vast area to maintain, the Provincial Leadership conducts regular checks on all Jesuit high schools, colleges, retreat

centers, and parishes in the Province.

"It's to show the school, this is what you're doing really well, and then here are areas of growth," said Rebore. "We track that every year. Basically, it's to help the school simply be a better school. It's just a pair of outside eyes looking at the school to see how it is doing."

During these annual visits, Rebore meets with faculty, administrators, and students to assess these strengths and weaknesses. He then writes a report for the Provincial, Fr. Thom-

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Vaccine Policy Update

Until March 21 SLUH will consider those with two doses of the Moderna or Pfizer vaccine, or one dose of J&J, to be fully vaccinated.

After March 21, those without a booster shot will no longer be considered fully vaccinated.

Junior Freddy Laux tells of his time in Uganda with the Empower Through Health organization

BY ALEX PREUSSER AND
ELLIOT MOORE
CORE STAFF, REPORTER

Junior Freddy Laux spent from Dec. 26 through Jan. 9 in Mpunde, Uganda working with the Empower Through Health organization, which works to prevent the spread of schistosomiasis and to help solve issues of energy use. While Mpunde itself has relatively good access to healthcare, the surrounding area is in desperate need of the aid provided by Empower Through Health and their volunteers.

One facet of the organization's efforts in these villages is to improve their use of energy, particularly to increase efficiency in cooking.

"What was really interesting was the clean energy and cook-stoves surveys I was doing," said Laux. "We were asking people about their cooking habits, and it was actually really astonishing to hear that a lot of people spent their entire day cooking because the way that they cooked was so inefficient."

The standard cooking practice in Uganda is the use of a three-stone cookstove, which is largely inefficient due to the loss of energy to its surroundings rather than to the food that is being cooked.

"And also it's sad because it's so inefficient and takes a lot more fuel," explained Laux. "And so you'll see some mothers who say that they spend six hours on one

meal and you'll also see mothers who say that they have to spend days upon days collecting wood fuel in the brush, which is really dangerous for them and it's very time consuming."

The shortage of energy and time-consuming practice inevitably reduces the amount of food available, specifically for the mother.

"Sometimes actually, you'll see the mother skimping herself short, which is really tragic," said Laux. "A lot of the time these mothers have so many kids, one after the other, that they're constantly breastfeeding. And so that's another way in which the kid becomes under-nourished and malnourished, and the mother won't have enough nutrition for herself to produce breast milk or properly nurse the baby."

Empower Through Health works to help solve these energy and nutritional problems. Laux and his fellow volunteers distributed Vitamin A for nutritional improvement and more efficient tools for cooking.

"At the end of this survey, you could offer them to buy the rocket stove for a very small investment, and then they'd actually get paid to upkeep it because it is energy efficient," explained Laux. "And so it was really good to see a lot of these people who spent so many hours on cooking, being able to afford the rocket stove, which obviously would be a huge investment for them because they could spend

so much more time doing other things to build their income and better care for their kids."

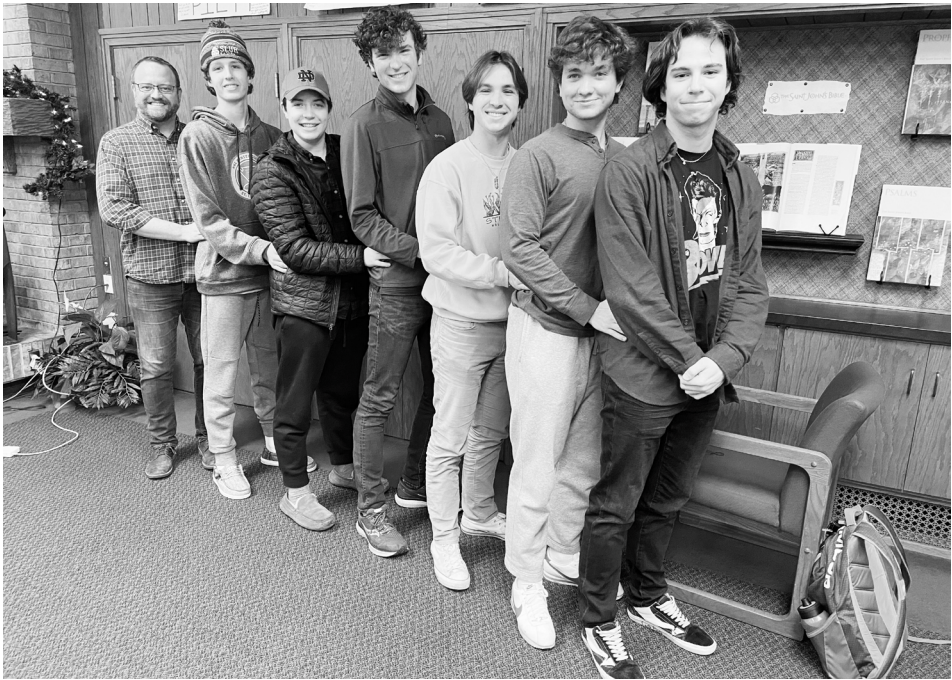
The other major problem facing the people of Uganda is the schistosomiasis epidemic. Schistosomiasis is a parasitic disease that infects mostly children, causing irreparable damage to internal organs and anemia.

"It's really interesting when you go to these societies, you see the biggest cause of death in a lot of places is HIV AIDS, or malaria," said Laux. "When you come back here, if one patient came into the doctor's office with malaria or HIV AIDS, we have therapies that would be able to keep them alive. Just realizing that these people don't die because these diseases are not preventable, but they're dying because of a lack of access to treatment is crazy."

Laux and his fellow volunteers distributed Albendazole as a dewormer to treat schistosomiasis.

"I think the biggest thing that I got to see was just how many of the issues relating to these cultures are treatable diseases that are just so prevalent in some of these countries near the equator or the global south," said Laux. "It was just really eye opening to see that a lot of the diseases here that we have that are very treatable and that our modern medicine has pretty much figured out how to solve these problems."

A Kairos milestone: K100 and K101 unite a unique group of seniors



Seniors posing for a photo during their Kairos Retreat.

photo | Julie Lewis

BY MARK WAPPLER AND BILL
ALBUS
STAFF, REPORTER

For many years, SLUH has held the tradition of sending their seniors, and some juniors, on Kairos retreats as a time for spiritual introspection and class bonding. This past week, SLUH hit a major milestone of sending their 100th and 101st Kairos groups (appropriately nicknamed K100 and K101) on retreats in two retreat sites across the river in Illinois. The Kairos retreats are a more appropriately serious and confidential retreat than the other retreats SLUH offers, so for the sake of its integrity, the Prep News will not report information about the specifics of Kairos that make the retreat so special and revered in the SLUH community.

"I feel like the less I knew going into the retreat the more I would get out of it and the more I would enjoy the experiences it offers," said senior Joe McGroarty, who was a member of K101.

After boarding their buses at Drury Plaza, K100 and K101 headed to their retreat sites in Columbia and Belleville respectively. Upon arrival, the boys unloaded their bags in their own personal rooms and were introduced to their small groups, who they would spend

the majority of their time on their retreat with. Led by a fellow classmate and a SLUH faculty member, the small groups would reflect on the talks that were presented by the SLUH student retreat leaders and the questions they imposed. It is in these small groups that the real "magic" of Kairos is experienced.

"It was a different kind of experience to be able to share your thoughts with your classmates in a safe space," said senior Ned Mehmeti of K100. "It's something that we don't really do that often and it felt great to be respected and appreciated by each other."

When not actively listening to a talk or sharing their thoughts with their small groups, students would enjoy each other's company while eating a meal in the retreat centers' cafeteria or would explore the campuses outdoors together with their classmates. At the King's House, members of K101 enjoyed having talks outside in the gazebo while sipping on hot chocolate or would spend time playing football at the upper field of the retreat center.

Math teacher Tracy Lyons appreciates these kinds of moments on the retreat.

"It's always cool to watch our students learn about themselves as human beings, not just as students," said Lyons, commenting on the deeper impact the retreat had on the seniors. "I think they grew in their understanding of God's work in their life and their understanding of God's love."

At Toddhall, the retreatants of K100 spent their breaks playing 7v7 basketball games on the basketball hoop in the retreat center parking lot. If not balling with their brothers, the retreatants enjoyed talking in the barn area that they converted into a cafe while sipping on hot coffee. Coincidentally, like their classmates at the King's House, many of the boys felt close during the retreat while playing football with ASC volunteer Christopher Stahl.

"He was throwing absolute dots to us," said senior Nick Fischer. "It was just so cool to grow closer to a teacher outside of the classroom in an environment like Kairos. Teachers can be so busy during the regular school day, so it was a change of pace to be free playing football with your classmates and

teacher you don't get to talk to all the time."

The senior class leaders, who applied to be leaders through a series of application essays, spent countless hours preparing for the retreat, even spending an extra night at their respective retreat centers the day before the retreats began. Each one of them prepared and perfected their talks that they would share to their classmates and, sometimes, their duties as small group leaders would keep them up early into the morning. The retreat laid on their shoulders and they carried it strongly and passionately.

"It was on us to lead by example in our small groups and help each other open up," said senior Luke Brown. "Being a Kairos leader was an incredibly rewarding and moving experience and one that I encourage everyone who went on Kairos to do."

By the end of the retreat, the seniors felt connected with each other on a new personal level than they were before entering Toddhall or the King's House. Through the shared experiences and small group discussions, many seniors were able to become closer to some classmates that they never get to talk to during the everyday shenanigans occurring in the halls of SLUH.

"It was a phenomenal experience," said senior Quin McCormac of K100. "I was in a small group with a lot of people that I didn't know all that well but by the end of the retreat, it felt like I had known them my entire time here at SLUH. It made me feel that sense of brotherhood that everybody talks about."

All in all, Kairos retreats prove to be a fruitful experience for those who take up the courage to go on them. They are arguably some of the best retreats offered here at SLUH through Campus Ministry and many agree that one's time at SLUH would be incomplete if they did not attend one. It's a guaranteed time to grow closer to your classmates, fraternize, and be vulnerable Men for Others.

The next Kairos retreat will be offered for juniors on March 30 to April 1 and June 1 to June 3. They can sign up for these retreats on Naviance through x2Vol.

SLUH speech team dominates at Christian Interscholastic Meet

BY LUCAS HAYDEN AND
ANDREW HUNT
REPORTERS

SLUH participated in the third Christian Interscholastic Speech League meet of the season this past Sunday. With three meets under their belt, the Jr. Bills are keeping up a strong record going into finals next weekend.

At Sunday's meet, each contestant performed a speech that they have been working on the whole school year. Because of the expressive nature of competitive speeches, the meet had to be held virtually. This was to allow for contestants to be able to perform their speeches without wearing a mask, so their whole face could be seen. Even though this change was for the better, Zoom still had some major drawbacks.

"It's very unreliable to do it on Zoom. During the performance on Sunday, I actually dropped out of the Zoom mid-performance and I had to go back on," recounted junior Andrew Marty. "Luckily, it didn't affect the score or anything, but it was still frustrating."

Otherwise, the meet ran mostly as usual, with contestants and judges tapping into Zoom breakout rooms

for each performance. In the end, this was a neutral change for the meet that caused little disruption.

"We do the same thing we would do if we were (in person)," said speech team moderator Kathryn Whitaker. "It's just that it's virtual."

SLUH was originally supposed to host the meet, but of course, Covid made an in-person event too risky.

"We miss being live, but the upside is that if we were in person, we wouldn't be able to see faces, which makes a huge difference when you're doing interpretive work," Whitaker added.

The judges looked favorably upon SLUH. Contestants entered into a variety of speech categories, including duets, humorous, poetry, storytelling, and more; Jr. Bills were finalists in seven out of nine total categories. Highlights were freshmen Noah Butler (Extemporaneous) and Paul Thibodeau (Poetry) heading to the finals of their categories.

"I honestly didn't think I'd make finals ... so being able to participate is an incredible honor," said Butler. "Everyone really stepped it up this time. We've worked hard all year and it's all come together."

In fact, SLUH had finalists from every class—freshman,

sophomores, juniors, and seniors.

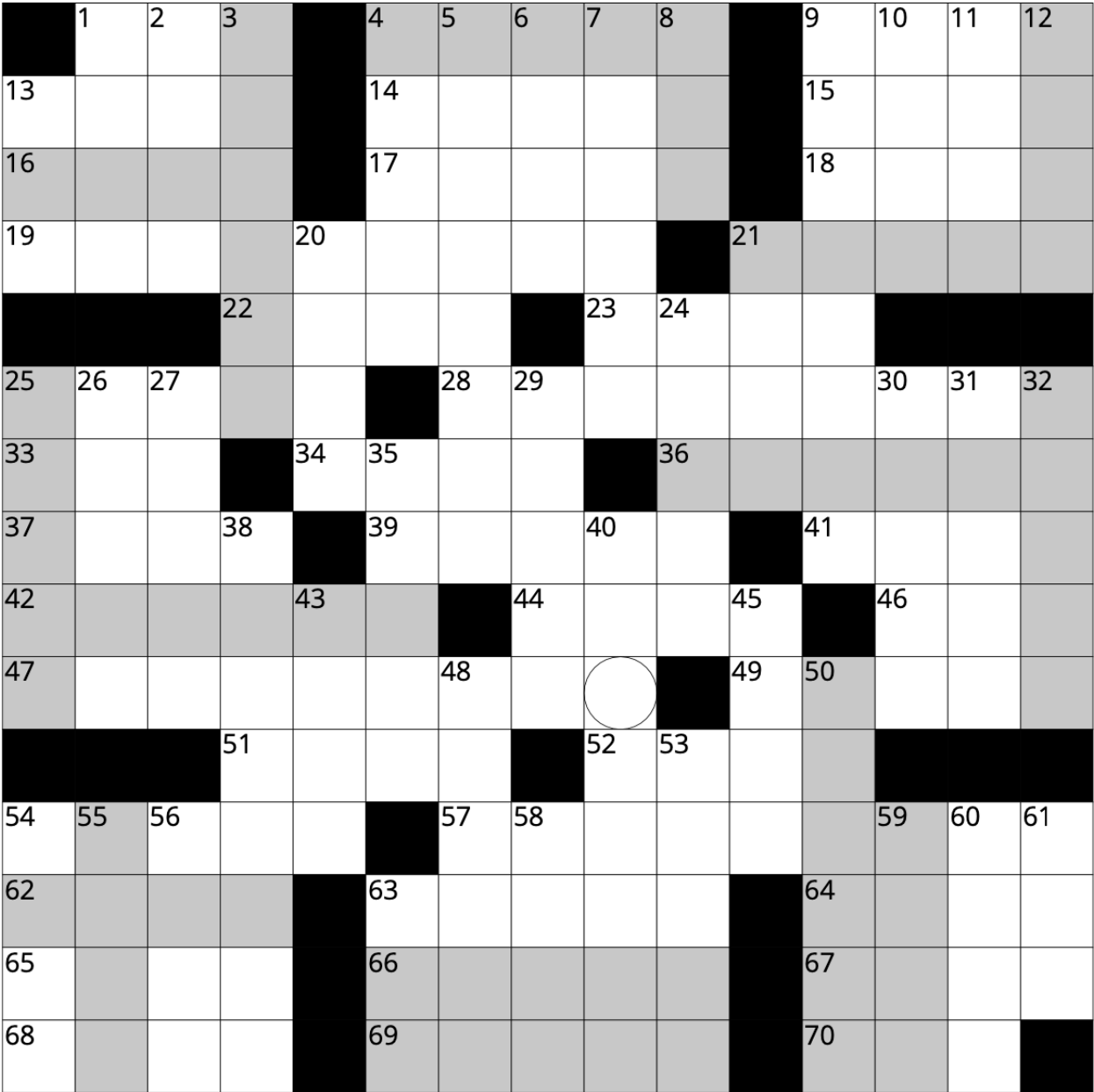
SLUH's speakers look forward to the finals meet on Feb. 6 for a strong finish to a strong season.

"Everybody has done some really good work," concluded Whitaker. "We're just learning and rebuilding and that's exciting."



art | Alex Deiters

PN Puzzle: “Frosted Flakes”



crossword | Paul Baudendistel

- ACROSS
1. On the DL

4. Takes a trip?

9. Egyptian goddess of love

and healing, or a militant Sunni grp.

13. Beginning for space or sol

14. Spring _____

15. Beauty pageant accessory

16. Complain, or a complainer

17. Last words of Over the Rainbow

18. The Magi or the Muskeeters, e.g.

19. Permission to broadcast

21. Part of an egg

22. Small hair

23. Actor LaBeouf, or a Sunni rival

25. Storage units

28. Bearing witness

33. Brit’s bathroom

34. Prefix for 25-Across

36. Beach tool

37. Prefix for 3-Down

39. Actresses Hatcher and Polo

41. Brand of corn syrup

42. Attacks with force, as a castle

44. “... _____ for man, one giant leap for mankind.”

46. Famous Hill in San Francisco

47. “Let’s do this!”

49. Belittle

51. Part or type of 12-Down

52. Kind of history

54. Several Holy Roman Emperors

57. Tiny automaton

62. Only player since the 1960’s to win the NBA MVP three consecutive years

63. Actress Swinton of Doctor Strange

64. Magic act prop

65. Ending for buck or kang

66. Trout or Ohtani

67. Right-angle joints

68. Paris pair

69. Get on, as a plane

70. “R U srs?”
5. He played The Skipper on Gilligan’s Island

6. Zoom _____

7. Most up-to-date

8. Slalom equipment

9. “Do you mind?”

10. Indian wrap

11. Doubter’s question

12. Sole supporter?

13. Play a part, or part of a play

20. Wine barrel

21. Genie’s gift

24. Author Herman of Siddhartha

25. Epic party

26. Early years

27. From head _____

29. Sculptors’ trunks

30. The first Mrs. Trump

31. _____ Circus, site of St. Peter’s crucifixion

32. Wikipedia’s logo

35. Reply to “Who’s there?”

38. Traditional, as Sunnis

40. “We shouldn’t be surprised.”

43. Ending for pig or sty

45. Tonight Show host before Carson

48. Pacific weather disruption

50. Leaf removal tool

53. Author Dahl of Charlie and the Chocolate Factory

54. OT bk. between Amos and Jonah

55. Lose steam

56. Pants, slangily

58. Pond scum

59. Appropriate shape in one square in this puzzle, which contains a hint for all the gray squares

60. Sole

61. 6-pt. plays

63. Key next to Q

After years of solving NY Times puzzles, math teacher Joseph Stickley is pursuing his own spot in the publication

BY NATHAN RICH
EDITOR

People at SLUH can’t seem to get enough of crosswords. First came science teacher Paul Baudendistel’s impressive archive of Prep News puzzles. Then, a whole club dedicated to the craft, complete with their own merch. Now, math teacher Joseph Stickley, still in his first year at SLUH, is doing his part to contribute to the crossword frenzy with clever themes and even bigger dreams.

An avid puzzler for much of his life, Stickley’s goals go beyond just solving puzzles. He wants to make them, and at the highest level too. For the past few years, he’s been trying to land a puzzle in the New York Times. Now, after lots of feedback, he’s nearly there.

Stickley’s puzzle hobby had very simple, almost innocent beginnings, though. A family friend had introduced him to the New York Times’ Sunday puzzle almost 20 years ago. He was very quickly intrigued, and soon after began ordering the Sunday Times just for a shot at the puzzle, which is typically bigger than a weekday crossword.

“I don’t even know if at the time I realized that

there were themed puzzles throughout the week or anything like that. I just enjoyed doing the Sunday puzzle,” he said.

It got easier after a while. Eventually, he upped his game to the weekday crosswords. Now, he can solve a Monday puzzle in one sitting and Tuesday’s after a bit more thought. Things get trickier later in the week for him, though, as the crosswords get more difficult.

Working on the puzzles became a hobby for Stickley, but it wasn’t until he started paying more attention to the magazine that he realized making them was even an option. Each week, a small bio near the end features that week’s crossword contributor. One week a few years ago, Stickley noticed the creator section for the first time. He noticed that it was not some obscure crossword god, but an everyday reader who shared some of Stickley’s other passions, like math and music. That got him thinking.

“I didn’t even realize that these were submissions from readers or puzzle solvers,” he reflected. “I thought: ‘If this person can make a puzzle, what’s stopping me?’”

So began his quest to get into The Times, never stopping to think about a lesser

publication.

“For me, it’s always been about the New York Times,” said Stickley. “That’s where it really all started.”

He dived into online resources and found book recommendations and tips on forming the perfect puzzle. A lot of his training, though, came from years of raw experience. In that way, Stickley drew comparisons with another passion of his: music.

“As a songwriter, just listening to music gives you ideas of your own,” he said. “After doing enough puzzles, I started to have my own ideas on what would be a cool puzzle and a cool theme.”

The themes began coming to him one by one, and whenever he thought of a good one, he would make an effort to write it down. After all, good themes are hard to come by.

Often, they combine his many interests, like math or music. In his most recent project, a puzzle called “Sounds Familiar,” Stickley took famous songs and altered them slightly for theme entries, placing a homophone in the title instead of the original lyrics.

Stickley submitted this puzzle to The Times, and has been quite pleased with the feedback he received.

It didn’t make the cut, but they hinted that with a few changes, he might have a decent shot at the paper.

“They really liked that theme,” he said. “If they don’t like your theme, then your puzzles are not getting accepted. If you can come up with a novel theme, though, then that’s a good idea.

With the theme settled away, The Times suggested a few other changes to his puzzle.

“The feedback has been getting better and better,” he said. “I asked if I could rework the puzzle and they said that would be worthwhile. I’m in the process of reworking that.”

If Stickley does ever get into The Times, the Prep News will be the second to report about it (second only to the New York Times itself). In the meantime, Stickley hopes to get involved with others in the SLUH community who appreciate crosswords as much as he does in an effort to perfect his craft.

To any aspiring puzzle makers, his advice is clear: simple is better.

“Puzzles are hard enough even when the words are very well known,” he said.

Next week’s Prep News will feature a crossword courtesy of Joseph Stickley.

Satire
Senior complains Grande work weeks did not include enough time for both Netflix and research

JACK FIGGE AND
ROARKE UNRAU
EDITOR IN CHIEF, NEWS
EDITOR

On Wednesday morning, senior Rutillo Bigg barged into the senior hallway out of breath, frantically complaining that he did not have enough time to finish working on his Grande Project. Bigg claimed the allotted time was nowhere near enough and he would need anywhere from another day to two months to finish his project.

“I spent yesterday tirelessly working on my project,” said Bigg when asked when he started. “How many documents do they think I can look through and people do they think I can interview on the last day? And those Netflix shows don’t watch themselves.”

When the seniors were first told months ago that they would be doing the Grande Project, Bigg immediately knew what topic he wanted to advocate for and how he wanted to do it.

“Alien rights is very close to my heart,” said Bigg. “I mean aliens kind of get a bad

rap in all of these science fiction movies like ET and Marvel’s Avengers Infinity War yet they’re actually pretty nice and laid back in real life. So I just want to get the word out about how they’re portrayed incorrectly in the media. I think the best way to do this is by creating a lullaby. I mean who doesn’t love a lullaby?”

Bigg also knew exactly when he didn’t want to start: before the last possible second.

“Do they think aliens work on a human time schedule? I worked so hard yesterday and barely got halfway done. Now I’m being told that I have to present it only half finished,” said Bigg. “It’s almost as if Campus Ministry doesn’t care about alien rights. Unbelievable.”

At press time, Bigg could not be reported for a comment. In fact no one has seen Bigg in the past two days, speculation though has arisen that Bigg has been abducted by aliens who are angry at him for advocating misinformation. Apparently aliens don’t want rights, they want to take over the world.

Senior Grande Projects come to a close with peer presentations

BY BEN CROAT AND
AUSTIN WALD
STAFF, REPORTER

Seniors presented their Grande Projects on Wednesday, signifying the end of senior project work and juniors in senior parking. Similar to last year, the Grande Project aims to give seniors the opportunity to advocate for a marginalized community through a variety of creative formats which includes podcasts, videos, artwork, and more. Lessons learned from last year's

Grande Project helped guide the process for this year to ensure that the seniors would get the most out of this senior project.

"We restructured it quite a bit differently than we did last year based on feedback from the students," said campus minister Simonie Anzalone. "The initial goals were much more spread out so that there's time to process and think about what population the students wanted to work with and how they felt they could best serve that population."

Anzalone felt confident

that the majority of the seniors' projects would be impressive and well thought out, all that was left were the presentations.

"What I have seen has been remarkable work," said Anzalone.

In another year of Covid where resources are stretched thin, the Grande Project served as a substitute for the Senior Project of old and although it cannot replicate the original senior projects, students were still able to take away meaning and value from the experience.

"I think the Grande Project went well this year. Given the circumstances with Covid, it was a valuable experience that allowed us, the seniors, to see the value of service," said senior Daniel Munie. "The amount of time given to work on our projects was great, it gave me a lot of space in my schedule."

Amidst the vast success of the projects, students found difficulty due to the lack of in-person opportunities. Interviews and interactions with the communities that were represented proved difficult

to come by.

"It has been difficult for students to gather interviews in the two-week period before the record was due," said Anzalone. "So moving forward, I think that is something I would like to change to help them out a little bit earlier with finding sources for interviews."

"I thought the professionals we spoke to could've been a bit more helpful," said Munie. "They didn't provide a lot of information that was relevant to my topic."

Even with the success of

this year's Grande Project, it is still the wide consensus that the original Senior Project format should be brought back if circumstances allow for the opportunity. But the immediate future is unclear and will be tentative until the 2022-23 school year comes around.

"If there are enough organizations that will allow volunteers in person, we will definitely do that," said Anzalone. "We love that for the students and we'll go back to that as soon as we can."

Grande Project Spotlights

Senior Danny Phillips stresses improved legislation for those experiencing homelessness

BY CHARLES TURNELL
REPORTER

Senior Danny Phillips focused his Grande Project on the issue of homelessness, specifically on housing legislation and funding for projects that prioritizes housing for the homeless first.

Phillip's passion for the homeless was inspired by his mother and her past service work.

"My project was mainly

determined by past experience in my life," said Phillips. "My mother worked as the CEO of St. Patrick Center, the largest homeless services provider in the St. Louis area. She held that position for five years and during that time she made sure my family was very involved in the issue. Her work and the knowledge she brought to me over her five years working at SPC inspired me in my project and has led me to care about

this issue."

Phillips decided to format his project in the form of writing a letter to an elected official, which required multiple steps to gather the pieces to make the Grande Project successful.

"During the project itself my work had been spaced out over about two and a half weeks. The project is structured pretty rigidly on a day-to-day basis, but I'd say I

worked on it anywhere from 1-4 hours a day over the time we've been doing it," said Phillips. "This may be different from other students however, as because of my mother's work I knew a lot about my topic and didn't have much trouble doing research or figuring out what specifically I would do."

Because of Covid-19, Phillips wasn't able to go and serve the homeless community in

person.

"The one thing I didn't enjoy about the project is the fact that we weren't able to do a traditional senior project where we do actual service," reflected Phillips. "The fact that we weren't able to go and actually serve marginalized populations over the project time period felt like a lot of the personal and communal impacts of the projects had been removed."

Phillips hopes this service component can return again in the future.

"I hope the school can return to the original service-based format of the Senior Project as soon as possible," said Phillips. "It could be a gateway to help learn about and fight for some really important causes and participate in some actual action down the line."

Senior Luke Johnston links mental health to other diseases

BY PETER JAMES
STAFF

Senior Luke Johnston focused his Grande Project on issues of mental health and addiction.

"The reason I personally started doing this is because a person in my family, my uncle, has been struggling with addiction most of his adult life, and I always was curious, like what's going on in his head? Why would he make these decisions and hurt his family?" said Johnston.

Johnston interviewed many experts on mental health and addiction in order to craft his essay, which was intended to raise SLUH students' awareness about the issue.

"Mental health and addiction is not a weakness. It's not a will. It's an actual disease," said Johnston. "It's like, you have cancer, you have to get treated with it and served in certain ways. If you're addicted to something, you have to get treated. It's not something that is just going

to go away."

Johnston noted that the issues of mental health and addiction are very common even among SLUH students.

"One in five kids are struggling with some form of mental illness," said Johnston. "One thing that most teenage kids can relate to was Juice WRLD dying in 2019. A celebrity, somebody we all look up to, was having a really hard time breaking out of (an addiction)."

Johnston recommends that SLUH students listen

to Juice WRLD's last album (that was released after his death) since the songs talk about his struggles and give perspective.

"It gives you a good perspective of somebody that is struggling from addiction, and I want to help people that if they are, it'll give them hope and really, understanding what's actually happening inside of them. And if you aren't, it helps them stay away from substances that could lead to an addiction," said Johnston.

Interested in sharing
your Grande Project
with the greater SLUH
community?

Email prepnews@sluh.org with
information about your project
for a chance to be featured.

Senior Gavin Lawhorn tells the stories of teens and social media in documentary

BY JACK EVANS
REPORTER

Senior Gavin Lawhorn spent his Grand Project weeks making a documentary film regarding social media addiction and the mental health struggles that arise from it.

Pulling from interviews from five St. Louis area high schoolers with firsthand experience of the subject, Lawhorn stitched together a compelling documentary over the three weeks of the project. Through the uniqueness of the Grande Project's open-ended prompt, Lawhorn was able to shed light on such an integral aspect of many modern teens' lives through a medium not many have had the opportunity to use in their school lives.

"(Filmmaking) was something that I had never pursued," explained Lawhorn. "The Grande Project gave me an opportunity to pursue a new creative outlet instead

of just writing an essay or a letter."

Besides the opportunity to broaden his artistic horizons, Lawhorn was eager to help begin the difficult but necessary conversations regarding social media our society so often ignores.

"I feel like (social media addiction) is a problem that gets overlooked a lot in today's world," said Lawhorn. "Everyone is using social media, but no one is talking about how it is affecting them mentally. ... I have struggled with social media addiction and comparing myself to others, so I thought it would be cool to raise awareness and show that you can use social media responsibly, but still be cautious of the negative side."

Lawhorn also hopes that the film will be used in future health classes to educate a new generation of SLUH students about social media addiction and its effects.

Over the weeks, Lawhorn navigated both the excitement

of filming such a project as well as the difficulties that arose from it.

"I found my interviews to be very rewarding and it was cool listening to different teens open up about their experiences; it gave me a new outlook on social media," Lawhorn said. "Trying to edit the documentary (was the most difficult part) ... and putting together a story with the information I got was hard. But ultimately I think it turned out pretty well."

Apart from the hard work he poured into his Grande Project, Lawhorn believed that the proper mindset and a willingness to grow going into the project were just as essential to its success.

"Be open to it," Lawhorn said in regard to the project. "(A negative mindset) will set you up for a terrible experience. I went into it optimistically—I got to choose a format I thought was really cool and I ended up really enjoying it."



art | Will Blaisdell

Work with ACES and STARS propels Karim to social justice award

(continued from page 1)

“My involvement pretty much started freshman year,” said Karim, “I just wanted to make sure I was really involved, so I started attending STARS meetings and ACES meetings, and meetings for what was then known as the International Club. Since then, I’ve gotten more involved, and as of now I help lead STARS, I lead the Latino Student Union, and the One World Club as well.”

Along with the other winners, Karim received his award this past Sunday, Jan. 16 at the Cathedral Basilica, during the archdiocese’s 46th annual Mass for the Preservation of Peace, which was established to honor the legacy of Dr. Martin Luther King Jr., and was celebrated by Archbishop Mitchell Rozanski. For Karim, the mass held special significance not only because of the award, but also because it gave him an opportunity to experience a full, formal Catholic religious experience different from typical SLUH school masses.

“(The ceremony) was just really beautiful. I’m not

Catholic, so I think my perspective of mass and what it looks like has been really limited to how we do it at SLUH. I’ve been to a couple conferences where I’d seen it happen, but I think seeing mass in such a big area with intricate detail, and there were something like 10 priests there. The archbishop was there, and then there were readers from different schools. It was all a crazy experience, but I’m glad I was able to experience it,” said Karim.

Upon receiving the MLK Award, Karim joined a prestigious group of former SLUH students who have fought for racial justice in their lives, many of whom even influenced Karim directly.

“When you look at who has won in the past, I think of some people I’ve looked up to, like Peter Curdt (’20),” said Karim, “It feels good to be in the same category with all of those guys, who have all done amazing work. It’s really humbling, but I feel very blessed.”



Karim and Campus Ministers at ceremony. photo | Courtesy of Ismael Karim

Freshmen elect fresh new duo Rose and Anbukumar for class leadership in StuCo

(continued from page 1)

Brendan Kelly, another candidate, like Rose, told of how he had experience in the area of leadership.

“My campaign message was based around creating activities to bring fun memories to SLUH. It’s about being with friends and sharing a good time,” said Kelly.

Kelly brought many unique ideas to the table, wanting to create memories for his classmates.

“I want this class to leave SLUH with so many memories that they can’t make any more because there’s no room left,” said Kelly in his speech.

Jacob Nolan went straight for comedy.

“I felt like most peoples’ speeches were pretty serious, but mine was, like, 99 percent jokes,” said Nolan, who promised that he would help organize fun events.

Candidate Steven Baudendistel liked the challenge

that the STUCO election presented, and campaigned for more school events that brought about a strong school spirit.

“My plans for STUCO were to make SLUH just a more fun place overall. More baseball tournaments, more trivia contests, and things like that. I would like to make an impact on SLUH by making sure that there is an activity that everyone enjoys. I want to be a speaker for my class, because I want to help those who don’t have a big voice be able to speak out loud. I want people to feel wanted here,” said Baudendistel.

After the candidates presented their speeches to the freshmen class, the form was released, and votes started coming in. After a small hiccup where the time frame was not large enough, so only sixty people voted, the form was rereleased, and the final results came in.

Rebore conducts visit at SLUH, Admin awaits feedback from Provincial

(continued from page 1)

as Greene, SJ, that can in turn help SLUH run more smoothly.

“(The PASE) prepares a two-page document for every high school. We call it a ‘cheat sheet,’ and it basically goes to the provincial and becomes the initial, ‘Oh, yeah, this is what’s going on at SLUH right now,” said Principal Fr. Ian Gibbons, SJ. “Every school in our province is facing unique strengths, weaknesses, opportunities and threats based on geography, the diocese that it’s in, the local economy, the story of that school.”

Every six years, SLUH undergoes a more in-depth sponsorship review to accredit the school as a Jesuit Institution. Each year between the accreditation, the Provincial Assistant conducts these smaller visits to ensure everything is running smoothly.

“Every year between the big sponsorship review project is an annual checkup; in the pandemic, we see it like a booster shot of the sponsorship review. It’s a set time for the Provincial Assistant to come in and meet with people and get updates,” said Gibbons.

The PASE visit serves as an important routine reminder for a school about its work.

“SLUH is known as the second oldest Jesuit High School in the United States,” said Rebore. “It’s known as an academic powerhouse. I think thinking outside the box and being creative is a hallmark to the school in particular. Not only are you getting the academic rigor, all the clubs you guys are part of, and athletics, but it’s also about being who you are and then going out and helping the world.”

SLUH community mourns the passing of former Principal

(continued from page 1)

their time here. I mean, the guy was at home here.”

SLUH was home for Bannister, but it would be over 40 years before he returned to the Backer Memorial Campus. Bannister pursued further education at St. Louis University and then began his professional career in secondary education. After a brief stint at Priory, Bannister moved to Ladue High School, where he was later promoted to vice principal. He served for 30 years at Ladue before making his grand return to SLUH as principal. He replaced Paul Owens, who had been serving as principal for 12 years.

When Bannister began his tenure as principal in 1997, the world was on the edge of entering into the internet age. There were few computers in the school and barely any teachers were implementing technology into their lesson plans. Bannister made it an objective to introduce the tool of the internet to the SLUH community.

“A key objective of his was helping facilitate the growing change that was coming on the horizon, especially in regards to technology,” said Director of the Learning Center Tim Curdt. “But he also respected the traditions of SLUH and made sure to adhere to its values.”

To help instill the values of SLUH in future students, Bannister believed it was important to expand the faculty and bring in fresh, new faces to provide students with the best academic experience possible.

“He hired 27 new teachers because he wanted to give more leeway to veteran teachers to design a class they always wanted to teach and so that students could be a part of smaller classes and receive more one-on-one help,” said Fr. Paul Sheridan, S.J., who was president of SLUH when Bannister was hired.

“One of the most monumental things Dr. Bannister did was he hired Mr. Missey and me in the same year. That’s probably his most last-

ing notch,” joked Curdt, who added more seriously, “I think he came along at a time of transition from a long standing principal, yet he found a way to keep the mission of the school while still moving forward.”

Bannister would prioritize the faculty throughout his time as principal. His leadership style was defined by ensuring that his faculty knew that he appreciated them and was there to support them.

“He liked his faculty, and the faculty knew that he liked them, and they liked him,” said Linhares. “It sounds kind of cliché or superficial. But when there’s affection there, for an administrator, we often take it for granted but it is a great gift.”

Not only did Bannister want to befriend his faculty members, but he wanted to build a community among the teachers. He would often plan optional parties that faculty could attend that were purely focused on having fun and bonding.

“He planned optional gatherings outside of school where we would have dinner and play like party games with other faculty and he just brought a lot of goodwill to those events,” said physics teacher Paul Baudendistel. “He was able to rein in a large segment of the faculty that I have not seen any other person do.”

Bannister’s tenure as principal came to an end when he retired in 2005. Yet Bannister remained faithful to the school he so loved, remaining an active board member after he left.

Bannister passed away on Jan. 10, 2022 due to natural causes. He leaves behind a legacy of being a model of a man for others: always putting his school first and making everybody he encountered feel noticed and loved.

“There was always a twinkle in his eye, he was always there to say hi to you and always had joy in his face,” said Sheridan. “And even when we were pressed with hard decisions, he brought a level mind, a mature approach and generosity of spirit.”



Bannister (left) at a ceremony with former Chinese teacher Chingling Tai (right). photo | SLUH Yearbook



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Connor Whalen grappling against a CBC opponent during the MCC meet.

photo | Mrs. Kathy Chott

Small SLUH squad turns heads at tough MCC meet, earns statement pins

BY NATHAN RICH AND ALEX NANCE
EDITOR, REPORTER

Things are looking up for the SLUH Wrestling team after this week's MCC Tournament helped them find their footing. SLUH righteously battled in the MCC dual meet tournament last Tuesday against De Smet, CBC, Chaminade, and Vianney. Although the SLUH team's numbers were smaller due to various other problems, the varsity team still held their own and racked up a strong number of wins. Heading into the meet, the SLUH team brought seniors Cayden Owens and Alex Nance and junior Connor Whalen. The trio fought hard all night.

First up to the plate was CBC. Junior Connor Whalen (138) fought a hard match, constantly pushing the pace for the full 6 minutes. In the

end, Whalen walked away with more points to seal the win.

Next was senior Alex Nance (170) who started the match with a snatch to the front head and a lift into a tilt. Nance was set up for an easy pin within the first minute of the match, but ended up holding his opponent until the end of the round. He fought hard into the third round where he locked his opponent into the same pin position. This time, the move stuck and Nance took the pin.

Star wrestler Cayden Owens (195) fought a match so quick that if you blinked you would miss it. In the first 30 seconds, he finished a textbook shot and pinned his CBC opponent.

For the next duel, SLUH faced Chaminade. Whalen was the only competitor they had a matchup for. He wrestled an excellent match,

but was caught on the defensive side for too long. Whalen's shortcomings allowed the Chaminade opponent to gather more points and win the match. Nance and Owens both took byes for the round.

De Smet followed, and proved a tough obstacle. Whalen was not looking forward to this match, as his next opponent had placed at State and had already won previous spars with him. Although the challenge was big, Whalen came out aggressive, but to no avail as his opponent had sprawled and reshot, taking down Whalen. He was caught off guard by an advanced cradle move and was pinned at the end of the first round.

Nance strutted up to the circle ready for his next opponent. The De Smet wrestler started the match with a heavy hand, and went for the steering wheel. Nance fought back with a hard snatch to the

back of his head, pushing the opponent's head toward the ground. When his opponent lifted his head, Nance went in and took him to the ground. This allowed him to set up the pin, keeping it stable and effective. After a couple of turnovers, Nance pinned his opponent with the nearside cradle.

Owens' next match was against a 180 opponent whom they decided to bump up to 195. Owens wrestled hard, focusing on his position placement and takedowns. In the second round, Owens chose to defend from his base in hopes of getting an escape point and another point to tie the match. Sadly, Owens lost by one point as his opponent had run the clock, leaving him with no time to score the final point.

Finally, after an already difficult night, the Jr. Bills were ready to take on Vianney. Whalen started again with an

easy takedown. It was textbook, rolling his opponent to his back. He had accumulated several back points, which started weakening his opponent. Seeing his opportunity, Whalen caught the pin and held it, winning the match.

Nance started the match strong with several back points, almost scoring the pin. Down by two points in the last round, Nance could not escape and to garner the points he needed, resulting in a loss.

Luckily, Owens sealed the night on a high note for SLUH. Owens' opponent didn't seem to be doing much, leaving Owens in an awkward situation of trying to take down his opponent. After a nasty hook that missed Owens' head and knocked him in the face, Owens was out for blood. In a matter of seconds, Owens had reversed the guy into a pin to seal the match.

SLUH had held their own during the MCC meet and competed wonderfully. Although there are flaws that still lurk, the coaches were pleased to see some positive development within the team.

"I'm glad that our wrestlers are responding to our coaching, and finding the successful results we had worked towards in the previous practices," said coach Espen Conley.

Overall, the MCC meet was promising for the program, who only put forth a few wrestlers and still earned wins. Beneath the varsity wrestlers too, SLUH saw some strong results. Freshmen Franklin Buckridge and Michael Sise, for example, remain undefeated in their seasons so far. Both were the Champions in their division.

The Jr. Bills' next big competition will be the MICDS Invitational tonight, which will feature even more teams.

Racquetball continues strong season with close win over CBC

BY CHARLIE VONDERHEID
REPORTER

After going almost a month without playing a single match, racquetball opened up the year against CBC on Jan. 6 in a close match. Luckily, SLUH came out on top, winning five of seven matches over the Cadets.

Overall the match was significant for the team because it demonstrated the competition they will face in this year's state bracket. With a deep, talented team, CBC is looking to challenge SLUH's historic dominance in the sport, and it was evident from the very first matches.

Senior Will Shorey opened with a loss to Jake Schmidt at No. 1 singles, 11-15, 13-15. Shorey had defeated Schmidt earlier in the year with ease, but lost a closely contested match to Schmidt this time around.

"His serve was really good, he aced me a bunch," said Shorey. "My match against Jake was rough, and I was not playing very well."

The match showed that Schmidt has visibly improved throughout the season so far, which is significant because in the end of season state tournament, he will likely be one of Shorey's opponents.

"Those guys (at CBC) have gotten really good at their

game," agreed No. 4 seed Danny Phillips. "We've played them so much that they know how to exploit some of our weaknesses."

Below Shorey, No. 2 seed Max Telken lost to Gabe Collins 13-15, 5-15. Telken has yet to beat Collins in a match this year, but will look forward to the opportunities later in the season when it really matters. Telken, though, is a smart player who aims to learn from his mistakes.

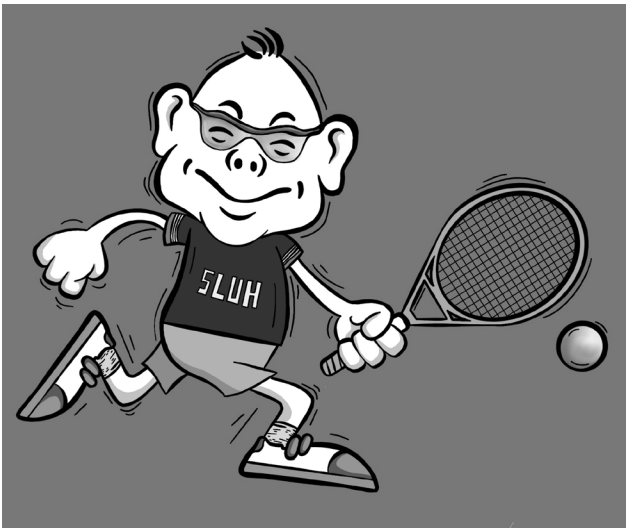
No. 3 seed Jared Thornberry was the highest seeded player to win a match against CBC. He defeated Spencer Keith 15-14, 14-15, 11-3. While Thornberry came out with a win, he was not very impressed.

"I let him stay in the game when I could have easily put the game away," said Thornberry. "The game lasted longer than it should have"

Even though he couldn't capitalize on every chance, Thornberry could always rely on his serve against CBC. So far this season, serving has been a strength of the SLUH team.

"I served the ball really well," said Thornberry. "I would not have won the game if it weren't for my serves."

No. 4 seed Dany Phillips defeated Connor Sims 15-10, 7-15, 11-2 in the next match, which was also very close.



art | Colin Schuler

"Connor's got a really good forehand and he's also got a pretty good ceiling game," said Phillips. "CBC has gotten really good over the years and they have a really good top three. They probably have the best depth of any team besides us."

No. 5 seed Nick Heinlein had the largest margin of victory in the singles matches, completely dominating Emerson Foote 15-6, 15-1. Heinlein is one of the most consistent players and dominates as a five seed. With strong mechanics, Heinlein is already shaping up to be a leader on the team next year.

No. 6 seed Clark Martin defeated Nick Gianotti 11-15, 15-5, 11-2. While Martin came out on top, Gianotti was able to

force the match to three games, furthering the narrative of CBC being able to compete with SLUH at a very high level.

To close out the night, the doubles team of Luke Dannegger and Max Adelman showed no mercy against their Cadet opponents, defeating them 15-4, 15-0. The duo has yet to lose a match all season and usually wins their matches in dominating fashion. The team relies on a perfect mix of Adelman's great control and poise on the court and Dannegger's power.

After playing an in-house match against SLUH's Varsity 2 team last week, the Jr. Bills will be back in this weekend in a doubles tournament at Vetta Concord.

Rifle snags second in State Tournament

BY JACK RYBAK
CORE STAFF

The depth of St. Louis U. High's rifle team shined through last Saturday, as the two teams put forth by SLUH in the MO CMP 3PAR State Championship placed second and third among a field of teams. SLUH's top team put up 2263 points and fell only to the Ozark precision rifle team, which posted 2311.

Senior team captain Sam Quinlivan led the top team with a 573, good for fourth place overall, followed by junior Michael Lumetta (567), senior Sean Madden (564), and senior team captain Grant Grabowski (559).

The Jr. Bills also secured third place with their second team, which was led by senior Will Hally, who earned 7th place individually with a 568.

Quinlivan and the team still had higher hopes for the meet, though.

"Well I think it being the first away match had a lot to do with the low scores," said Quinlivan. "I think that for the seniors especially the Grande Project really made getting practices a bit of a struggle which would then go on to impact their match results."

The Jr. Bills' scores were lower in all positions, but shooting from the prone posi-

tion (flat on the ground) was an especially weak point for the team. The total prone score was a 774, meaning an average of 193.5 per shooter compared to Ozark's 198.25 average.

"Prone is a position that gets overlooked," said Quinlivan. "It is often seen as the easiest position which leads many on the team to focus their efforts on standing and kneeling, which is understandable."

Unfortunately, the team's schedule is still in a state of flux due to the recent Covid developments. Because of Covid cases at the team's long time rival, Montgomery Bell Academy, MBA is unsure if they will be allowed to travel to SLUH and the Jr. Bills will not be allowed to travel to MBA. However, if COVID cases follow the same trends as last year, there is a chance the Jr. Bills will be allowed to travel to them later in the season.

Covid has also brought back the shower curtains between shooters in an effort to prevent the spread of the virus. Diminishing numbers had made it possible to remove the dividers, but the recent spike has required them to be put back up, which has caused the team additional frustration.

Practices will continue in the meantime while the team waits for clarity on future meets.

AMDG

After De Smet loss, Basketball handles Vianney and Soldan, improves to 11-3

COBY SPRATTE
CORE STAFF

The basketball team split with MCC rivals De Smet and Vianney and tallied a non-conference win over Soldan this past week, improving their record to a respectable 11-3 mark.

On Jan. 12, the Jr. Bills traveled to Creve Coeur to take on the De Smet Spartans. It was a tough game, and they ultimately lost the contest 74-58.

The Jr. Bills actually opened with a 22-16 lead by virtue of senior Nick Kramer's 3 three-pointers.

Yet, SLUH couldn't carry any momentum from the first quarter. De Smet went on a late second quarter run en route to a 40-33 halftime lead for the Spartans.

SLUH battled with De Smet coming out of the locker room, trimming the deficit to three points heading into the fourth.

Any sort of Jr. Billiken comeback was stymied by De Smet junior Brian Taylor, who dropped a career high 35 points on a 12 for 22 shooting clip.

This was the team's first game since the Dec. 30 match-up against Lift for Life. Illness within the program had led to cancellations so, understandably, some rust had to be shaken off. It was a tough draw to face De Smet on the road right after a 13-day break.

"We had a few guys out and we couldn't practice for six days because of Covid," Kramer said. "We got tired in the fourth quarter and just couldn't keep up."

Two days later, the Jr. Billikens rebounded with a small ball matchup against Vianney, which the Jr. Bills won 65-51 for their second conference victory of the season.

Despite a slow start and a measly 29-25 halftime lead, SLUH opened the scoring in the third quarter, boasting a ten-point lead heading into the fourth quarter. SLUH sustained their lead and subdued Vianney's free-shooting team as time expired..

With the Griffins rostering no players over 6 foot 3, the Jr. Bills were forced to adjust, playing sophomore Charlie Isom-McCall for significant minutes and benching 6 foot 8 senior Kevin Hogan for the matchups on the court. Isom-McCall tallied 4 points, but contributed even more with some crucial defense and ball handling.

With the smaller lineup, Ortwerth found himself as the biggest guy on the court, and he made sure to take advantage of it.

"It made scoring in the paint a lot easier. All my points were at the rim because I was able to get better positioning inside or easy put backs," Ortwerth said. "Defensively, I had to guard on the perimeter more which wasn't an issue."

Since the Griffins' roster is shorter than most, they usually rely on the three ball, but SLUH held Vianney to 28.5 percent (6 for 21) from long range, along with holding their leading scorer, senior Adam Sausele, to 14 points, nine below his season average.

On the offensive side of the ball, SLUH offered a balanced scoring attack, getting 18 points from Kramer, 16 from junior Zach Ortwerth, another 13 from junior point guard AJ Walker Jr, and 9 from senior guard Jaden McClain.

The Jr. Billikens ended their short road trip with a 56-49 home victory against Soldan on Jan. 18.

Continuing their trend from the Vianney game, SLUH took their rep as a second half team, leading Soldan 23-21 at halftime en route to a gritty victory, despite not playing their best basketball. Turnovers and fouls were a problem for the team.

"We have a lot to fix after the game against Soldan, but at the end of the game we took care of the ball and made our free throws," Ortwerth said. "It didn't look the best, but it got the job done."

Kramer (22 points) and Ortwerth (18 points) combined for over 70 percent of the Jr. Billikens' points.

SLUH will travel out of town tonight to Quincy, Ill. for the 4th Annual Quincy Shootout, featuring teams from Missouri and 9 other states, including California and Texas. The tournament includes the third-ranked team in Georgia (Berkmar High), the No. 11 team in California (Modesto Christian), the No. 7 team in Tennessee (Memphis East), and the No. 5 team in the country, Link Academy out of Branson, Mo..

The Jr. Bills will face off against Math, Civics and Science High School from South Philadelphia tonight at 8:30 pm, and then they will face off against the host of the shoot-out, Quincy High School, on Saturday night at 7:30.

Yet, the trip will hold more meaning for Kramer, as his dad will be inducted into the Quincy Sports Hall of Fame.

"I'm very excited. My dad went to Quincy and played basketball there so we have the prime time game on Saturday night," Kramer said. "My whole family lives up there so they will get to watch me play, too. It's gonna be really cool."

Congrats to
Coach Erwin
Claggett
on his 300th
win!



Ben Winkelmann carrying the puck into the offensive zone against Marquette.

photo | Jack Figge

Hockey takes wins over Marquette and Edwardsville; win streak now at seven games

BY JACKSON COOPER AND
LOUIS CORNETT
CORE STAFF

St. Louis U. High's varsity hockey team has continued its strong run of form over the past week, notching wins over Edwardsville and Marquette and extending its winning streak to six games.

After a long stretch of difficult games over Christmas break, the Jr. Bills took to the Affton Ice Rink on Jan. 10 with hopes of an easier matchup against the Edwardsville Tigers, who entered the game having won just one of 17 games on the season. Adding extra significance to the game for SLUH was the fact that it was Senior Night, meaning that a larger than usual crowd was to be expected.

"It was Senior Night so that added to the distraction," said captain Max Sextro. "You are often focused on taking pictures, not playing hockey. We didn't play poorly but I think we should beat them by more than 4."

Scoring got off to a fast start for the Jr. Bills, with senior forward Nick Lyons putting the puck in the net five and a half minutes into the first period on a goal assisted by senior forward Zach Petlansky and freshman defenseman George Lyons. The score remained 1-0 until the final minute of the first, when senior forward Niko Nadreau knocked in his fifth goal of the season courtesy of assists from Lyons and Petlansky. Both goals capped off a very strong period for the Jr. Bills, who registered 11 shots on goal and allowed just one from Edwardsville

The second period saw more of the same domination, as senior defenseman Mario DiMaggio made the score 3-0 on a goal assisted by junior forward Henry Serafin with about ten minutes left in the period. Sophomore defenseman Colin Duffy added yet another tally—his first at the varsity level—to the Jr. Bills' lead just two minutes later, and was assisted in the process by freshman forward Patrick Vogl.

With the game effectively sealed, SLUH utilized the third period largely to give additional playing time to seniors. Just one minute and 39 seconds into the period, senior forward Alex Grucza made the Jr. Bills' score 5-0 with an unassisted goal past the Tigers' goalie. Though Edwardsville was able to reclaim one goal in the waning minutes of the game to make the final score 5-1, the stats ultimately reflected SLUH's clear domination across all facets of the game. The final shots on goal tally was 36-9 in favor of the Jr. Bills, and strong defense in front of junior goaltender Wyatt Gottschall made sure that just one Edwardsville puck made it in the net.

"We went into that game and handily beat them," said head coach Steve Walters. "These bottom teams have nothing to lose in the games and they will play as hard as they can and play to disrupt. We tell our guys to play their game and avoid disruption."

Next up for the Jr. Bills was a second game of the season against Marquette, on Martin Luther King Day at Maryville University Hockey Center. SLUH took down

the Mustangs 7-0 in their first matchup of the season in November, but still looked to seek further vengeance on the team which eliminated them from last year's playoffs by sweeping the season series.

Contrary to SLUH's first game against Marquette, however, the Mustangs got on the scoreboard first thanks to a goal put past freshman goalie Andrew Bely with 10:42 remaining in the first. The scoreline did not change for the rest of the period, and SLUH went back to the locker room during the first intermission losing 1-0.

Due to a penalty taken with just two seconds left in the first, the Jr. Bills entered the second period on the penalty kill. With 28 seconds left on the Mustangs' power play, Lyons took advantage of a good offensive break by scoring a rare shorthanded goal after good passing from senior forward Sextro and junior defenseman Tyler Woodcock.

Following the goal, a defensive period ensued in which neither team was able to register more than six shots on goal. Just after the midway point in the period, Marquette took the lead once more with an even strength goal to make the score 2-1. With only 32 seconds left in the second, Winkelmann knotted the score at 2 thanks to an assist by Lyons.

With 7:21 remaining in the third and the score still tied at 2-2, the Jr. Bills were given an opportunity on the power play after a Marquette player took a hooking minor. About three quarters of the way through the two-minute

man advantage, sophomore forward Daniel Sendobry gave the SLUH its first lead of the night after a strong offensive stand. Just 31 seconds later, now on even strength, Lyons doubled the Bills' advantage with his second goal of the night, courtesy of assists from sophomore forward Logan Petlansky and senior forward John Loretta.

The two-goal lead proved insurmountable for Marquette. Once again, SLUH dominated in the shots department, putting 29 on net to the Mustangs' 14.

"The game was close. It could have ended in a tie," said Sextro. "John Loretta, Daniel Sendobry really stood out and played a great game."

Looking forward to the remainder of the season, the Jr. Bills will prepare to close the season with games against MCC foes CBC and Chaminade. SLUH will take on CBC tomorrow, Jan. 22, at Affton (7:40 p.m.), a game which will carry extra significance as both teams sit tied with 31 points and CBC holding the tiebreaker after their 1-0 victory over the Bills earlier in the season. On Monday, SLUH plays Chaminade in both teams' final game of the season at Maryville (7:50 p.m.), where the Jr. Bills will look to complete a season sweep of the Red Devils.

"This is the position we want to be in," said Walters. "We always want to control our own destiny and it is up to us to go out and play. Both teams will be ready to play. We are ready to play. This will be an exciting game. Playing for first against CBC is what the season is all about."

Around the Hallways

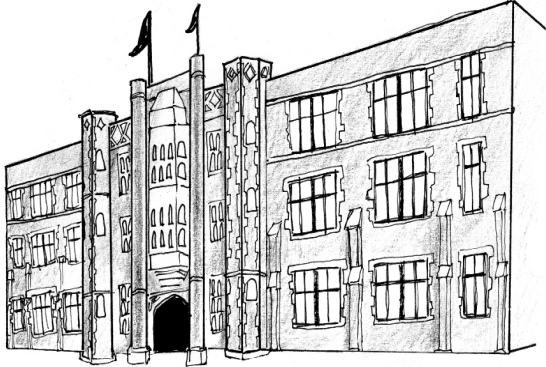
March for Life

Every year in January the SLUH Men for Life club sends representatives to Washington D.C. to participate in the March for Life. This year 24 Jr. Bills are in attendance for the march, a movement in which students and teachers passionately protest against abortion. The group will brave the frigid weather to voice their support for the pro-life movement.

College Counseling Essay Writing

As the college search process begins to launch for the juniors, the College Counseling department is commencing a series of workshops in which they will guide students on the best approach to writing college application essays. These sessions will take place across three consecutive B-day studios today and next week.

—Compiled by Alex Preusser, Core Staff



Calendar

Friday, January 21

B Day

March For Life

- 4:00PM JV1-2 Racquetball vs Chaminade
- JV2-1 Racquetball vs Chaminade
- 5:30PM C Blue Basketball @ Soldan
- 7:00PM V Basketball @ Soldan

Saturday, January 22

March For Life

- 9:00AM Eric Lewis Wrestling Invitational (V)
- 10:00AM C Blue Basketball vs Rock Bridge
- 11:30AM C White Basketball vs Rock Bridge
- 7:30PM V Basketball @ Quincy Shootout (vs Quincy HS)
- 7:40PM Varsity Ice Hockey vs CBC

Sunday, January 23

March For Life

Monday, January 24

A Day

- LUNCH Special—Beef Pot Roast
- Vegetarian—Cheesy Lasagna Pinwheel
- 4:15PM C Team (Blue) Basketball vs Belleville East
- 6:00PM B Team Basketball vs Belleville East
- 7:50PM Varsity Ice Hockey vs Chaminade

Tuesday, January 25

B Day

Sophomore Scheduling Meeting

- LUNCH Special—General Tso Chicken
- Vegetarian—Vegtable Lo Mein
- 4:00PM C White Basketball @ John Burroughs
- 4:15PM C Blue Basketball @ Webster Groves
- 5:30pm B Basketball @ Webster Groves
- 7:00PM V Basketball @ Webster Groves

Wednesday, January 26

A Day

- LUNCH Special—Chicken Parmesan
- Vegetarian—Cheese Ravioli
- 5:00PM Wrestling (JV/V) vs Westminster Quad

Thursday, January 27

B Day

- LUNCH Special—Beef Chimichanga
- Vegetarian—Baked Manicotti
- 3:30PM JV1-3 Racquetball vs DeSmet
- 5:00PM C Team (White) Basketball vs Whitfield
- 6:45PM V Basketball vs CBC

calendar | Ben Croat

SLUHsERS 15: SNACKING ON LUNCH'S DOOR



SLUHsers | Jude Reed

Prep News

Volume 86, Issue 16

Credits

“Who did you accidentally write with this week?”

Editor in Chief

Jack “the Lord” Figge

Editor

Nathan “the acting EIC” Rich

News Editor

Roarke “Nathan Rich” Unrau

Visual Editor

Charlie “the man at the Cheesecake Factory” Bieg

Web Editor

Luke “vicssportinggoods” Duffy

Junior Sports Editor

Jackson “the nation of Kyrgyzstan” Cooper

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Micah “the juice” Doherty

Peter “Al Capone” James

Thomas “Danny Juergens” Juergens

Mark “Slim Shady” Wappler

Alex “became a fish” Wentz

Staff Artists

Will “Ted Bundy” Blaisdell

Leo “the ghost of Chris Cornell” Smith

Reporters

Bill “the anonymous PN donor” Albus

Charlie “the lizard king” Dougherty

Jack “Jerry Garcia” Evans

Lucas “Lin-Manuel Miranda” Hayden

Andrew “Kool-Aid Man” Hunt

Alex “Dr. Fauci” Nance

Charles “Tony Hawk” Turnell

Charlie “deoxyribonucleic acid” Vonderheid

Austin “Donald Trump” Wald

Artists

Alex “Mr. Salt + Smoke” Deiters

Colin “Thanos” Schuler

Photographers

Mrs. Kathy “Dmitri Mendelev” Chott

Julie “Matt Anderson” Lewis

Evan “Homer Simpson” Mullins

Moderator

Steve “Dak Prescott (my fave QB)” Missey

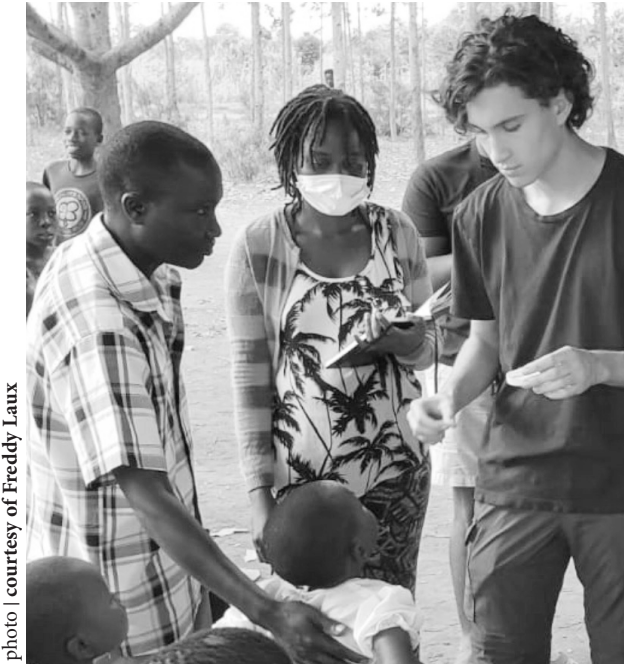


photo | courtesy of Freddy Laux

Junior Freddy Laux in Uganda.



Seniors on Kairos retreat.

photo | Julie Lewis