

2018 SLUH Track & Field Daily Practice Schedule

Daily Practice Schedule Notes:

- Injured or recovering athletes are required to assist at practice if not at therapy. You are never excused from practice without permission from Coach Porter.
- On home meet days, all those note competing should plan on being available to help at the meet.
- The team twitter will also have updates/cancellations. <https://twitter.com/sluhxctrack>
- Once the athlete has completed his competition schedule, he does not need to attend practice. The final day for non-varsity athletes will be May 3.

Week 1

Monday, 2-26 – 1st practice 3:15pm
Tuesday, 2-27 – 3:15pm
Wednesday, 2-28 – 3:15pm
Thursday, 3-1 – 3:15pm
Friday, 3-2 – 3:15pm
Saturday, 3-3 – 9:00am

Week 2

Monday, 3-5 – **Half Day** -3:00pm
Tuesday, 3-6 – **Exam Day** – 3:00pm
Wednesday, 3-7 – **Exam Day** –
3:00pm
Thursday, 3-8 – **Exam Day** – 3:00pm
Friday, 3-9 – Spring Break - 3:00pm
Saturday, 3-10 – 9:00am

Week 3

Monday, 3-12 – Spring Break – 3:00
pm
Tuesday, 3-13 – Spring Break – 3:00
pm
Wednesday, 3-14 – Spring Break –
3:00pm
Thursday, 3-15 – Spring Break –
3:00pm
Friday, 3-16 – Spring Break – 3:00
pm
Saturday, 3-17 – Spring Break –
9:00am

Week 4

Monday, 3-19 – 3:15pm
Tuesday, 3-20 – 3:15pm
Wednesday, 3-21 – SLUH JV/C #1
3:15 practice
Thursday, 3-22 – 3:15pm
Friday, 3-23 – 3:15pm
Saturday, 3-24 – FESTUS EARLY
BIRD (no practice)

Week 5

Monday, 3-26 – 3:15pm
Tuesday, 3-27 – **Half Day** 3:00pm
Wednesday, 3/28 – 3:15pm
Thursday, 3-29 – **Holy Thursday**
3:00pm
Friday, 3-30 – **Good Friday** – no
practice
Saturday, 3-31 – LINDBERGH
INVITE (no practice)

Week 6

Monday, 4-2 – EASTER MONDAY -
3:00pm
Tuesday, 4-3 – WEBSTER V - 3:15
pm practice
Wednesday, 4-4 – 3:15pm
Thursday, 4-5 – NO SCHOOL
-WEBSTER JV – 3:00pm
practice
Friday, 4-6 – NO SCHOOL 3:00
practice
Saturday, 4-7 – ALL CATHOLIC – no
practice (CASHBAH)

Week 7

Monday, 4-9 – 3:15pm
Tuesday, 4-10 – 3:15pm
Wednesday, 4-11 – SLUH JV/C #2 -
3:15pm practice
Thursday, 4-12 – 3:15pm
Friday, 4-13 – GARY PARKER –
3:15pm practice
Saturday, 4-14 – No Practice

Week 8

Monday, 4-16 – 3:15pm
Tuesday, 4-17 – KIRKWOOD C/
WEBSTER JV - 3:15pm
practice
Wednesday, 4-18 – 3:15pm
Thursday, 4-19 – 3:15pm
Friday, 4-20 – KANSAS RELAYS -
3:15pm practice
Saturday, 4-21 – KANSAS
RELAYS/DALE COLLIER –
(no practice)

Week 9

Monday, 4-23 – 3:15pm
Tuesday, 4-24 – JIM FARRELL
RELAYS - 3:15pm practice
Wednesday, 4-25 – 3:15pm
Thursday, 4-26 – VIANNEY JV - 3:15
pm practice
Friday, 4-27 – 3:15pm
Saturday, 4-28 – 9:00am practice –
potential for MARION
FREEMAN INVITE

Week 10

Monday, 4-30 – Faculty in-service –
VIANNEY C - 3:00 pm
practice
Tuesday, 5-1 – SLUH JV/C #3 -
3:15pm practice
Wednesday, 5-2 – MCC
CHAMPIONSHIPS
Thursday, 5-3 – 3:15pm – PICTURE
DAY
Friday, 5-4 – **Half Day** – 12:30pm
practice
Saturday, 5-5 – 9:00am

Week 11

Monday, 5-7 – 3:15pm
Tuesday, 5-8 – 3:15pm
Wednesday, 5-9 – 3:15pm
Thursday, 5-10 – 3:15pm
Friday, 5-11 – 3:15pm
Saturday, 5-12 – DISTRICTS

Week 12

Monday, 5-14 – 3:15pm
Tuesday, 5-15 – 3:15pm
Wednesday, 5-16 – 3:15pm
Thursday, 5-17 – 3:15pm
Friday, 5-18 – 3:15pm
Saturday, 5-19 – SECTIONALS

Week 13

Monday, 5-21 – **Half Day** - TBD
Tuesday, 5-22 – **Exam day** -
3:00pm
Wednesday, 5-23 – **Exam day** -
3:00pm
Thursday, 5-24 - State Travel Day
Friday, 5-26 – STATE
Saturday, 5-27 – STATE